

Patient-Centred Care



Discreet and private room for patient living with obesity when gathering information like weight and health history.



Respectful communication and providing equipment that fits (i.e. blood pressure cuffs).



Providing gowns of all sizes to maintain dignity and privacy of the patient.

Suboptimal Care

In a waiting room, physical discomfort and fear of judgment can leave a patient living with obesity feeling isolated and anxious even before an appointment begins.



Discussing a patient's health in front of others can cause humiliation and embarrassment.



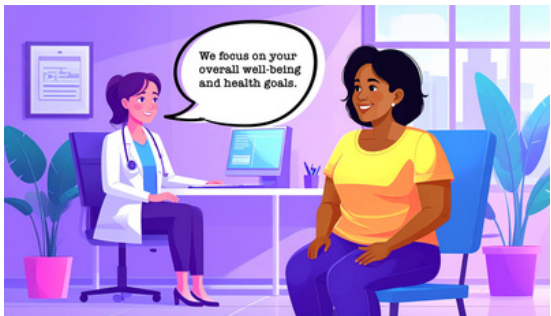
Frustration and anger destroy trust, perpetuating harmful bias and disrespecting a patient's dignity.



Patient-Centred Care



Listen to the patient's needs and provide them with relevant, supportive resources. Respectful interactions and communications strengthen relationships.



Prioritise the patient's overall health and personal goals, moving the focus beyond weight alone.



Encourage the use of a multidisciplinary care team to complement and support the patient's health journey.

Suboptimal Care

Failing to provide proper gowns or accommodations during an exam undermines a patient's dignity and comfort.



Unwelcome or unhelpful comments about a patient's body perpetuate stigma and cause harm.



Judgmental language erodes a patient's self-confidence and their trust in healthcare.

