

# Mapping of Australian Government Department of Health and Aged Care strategies – Aug 2023



The Obesity Collective has five key advocacy points to reduce health and wellbeing impacts from obesity:

- **Create healthier environments** for all Australian’s health and wellbeing and help reduce risks from environmental drivers of obesity
- Recognise the social determinants of health. **Improve equity and social opportunities**
- Improve **access to equitable healthcare** to help those with obesity who would like to manage their weight and health goals
- **Change the narrative around obesity** to improve understanding of the science **and reduce stigma**
- **Enable healthier individual behaviours** through evidence-based approaches and support (healthy eating, physical activity, stress, sleep)

The Department of Health and Aged Care currently has 20 active strategies that relate to these five key advocacy areas of the Obesity Collective. A further four strategies currently under development: [National Dementia Action Plan](#), [National Stigma and Discrimination Reduction Strategy](#), [National Consumer Engagement Strategy for Health and Wellbeing](#) and the [National Eating Disorders Strategy 2023-2033](#).

The active strategies have been mapped below to our Obesity Collective advocacy areas. This mapping highlights the alignment across strategies and the value of implementing these strategies to positively impact the health and wellbeing of Australians.

National strategy (click on the strategy name to access the strategy)	Create healthier environments	Improve equity and social opportunities	Access to equitable healthcare	Change the narrative around obesity and reduce stigma	Healthier individual behaviours
<a href="#">National Obesity Strategy</a>					
<a href="#">National Preventive Health Strategy</a>					
<a href="#">Australian National Diabetes Strategy</a>					
<a href="#">National Strategic Framework for Chronic Conditions</a>					
<a href="#">Measuring What Matters - national wellbeing framework (Gov wide)</a>					
<a href="#">Sport 2030: Participation, Performance, Integrity Industry</a>					
<a href="#">National Asthma Strategy</a>					
<a href="#">National Strategic Action Plan for Arthritis</a>					
<a href="#">National Men's Health Strategy 2020-2030</a>					
<a href="#">National Aboriginal and Torres Strait Islander Health Plan 2013–2023</a>					
<a href="#">National Action Plan for the Health of Children and Young People: 2020-2030</a>					
<a href="#">National Strategic Action Plan for Kidney Disease</a>					
<a href="#">Healthy Mouths, Healthy Lives: Australia's National Oral Health Plan 2015-2024</a>					
<a href="#">National Women’s Health Strategy 2020-2030</a>					
<a href="#">National Strategic Framework for Rural and Remote Health</a>					
<a href="#">National Alcohol Strategy 2019-2028</a>					
<a href="#">National Strategic Action Plan for Heart Disease and Stroke</a>					
<a href="#">National Children's Mental Health and Wellbeing Strategy</a>					
<a href="#">The National Strategic Action Plan for Pain Management</a>					
<a href="#">The Australian Breastfeeding Strategy: 2019 and beyond</a>					